



Ring in the new year while bowling and winning prizes. Page 4

**B** NEW YEAR'S  
**W** **WLING**  
**E** EVE 2012

Capital Area Rainrowlers Association Newsletter • December 2012

visit us online at [www.carabowling.org](http://www.carabowling.org)

## Steve Frable Awarded CARA's Newman Award

Steve Frable is the recipient of 2012 Roger Newman Award, CARA's highest honor. He was presented with the award at the CHIT Awards Banquet on October 28 by CARA president Rob Treadway. The award is given annually by the CARA president to someone who has made a significant contribution to the bowling community.

Frable has been involved and active in GLBT bowling for more than a decade at the local, regional and national level. He has served in various officer positions in CARA leagues and is currently president of Pride of Alexandria, CARA's largest league and one of the largest gay leagues in the country.

He served multiple terms as CARA

secretary and is still the skill enhancement clinic coordinator. He has served on the Board of Team DC, an umbrella organization for all area gay sports, and still helps the group with several fundraising events throughout the year.

Frable is a three-time CHIT director, was a director of the International Gay Bowling Organization's (IGBO) 2010 Mid-Year Tournament that was held in DC and currently serves in leadership roles of a couple of IGBO committees.

"The award was long overdue," Treadway said. "Deciding to present the award to Steve was one of the easiest decisions I've had to make as president."



Steve Frable (left) receives the Roger Newman Award from CARA president Rob Treadway (right) at the Capital Halloween Invitational Tournament awards banquet on October 28 at the Westin Alexandria Hotel.

## CARA Bowlers Rack Up Awards at 33rd CHIT Tournament

Roughly 160 bowlers participated in the 31st annual Capital Halloween Invitational Tournament (CHIT), October 26-28. CHIT is the DC area's annual IGBO-affiliated tournament. Congratulations to the following CARA bowlers for their outstanding achievements during the tournament.

### Singles

1. George Betancourt
2. Robert Jackson
3. Travis Collins
4. AJ McNear
5. Stephen Owens
7. Brian Collins
8. Sean Kullavanijaya
10. Brandon Lloyd

### Doubles

1. David Douglas/Brian Collins
2. Blaine Masters/Mike Stevenson
4. Thomas Weber/Arnold Smith
5. Jeffrey Gill/Joseph Gill
6. Sean Kullavaijaya/David Jasinski

8. Brandon Lloyd/Aubrey Collier
9. Jeffrey Schindall/Brian Glenn
10. Mareena Nephew/Muriel Edwards

### All Events

1. Robert Jackson
2. Brian Colliins
4. George Betancourt
6. AJ McNear
6. Travis Collins
8. Mike Stevenson
9. Arnold Smith
10. Brandon Lloyd

### Team

1. Thomas Norwood/Jeremy Harrell/Chris

- Huff/Jeff Cosgrove
2. David Fuentes/Perry Bartlett/Joshua Hage/Paul Lieberum
3. Walt Reichenbach/Steve Merriett/Bruce Hadloc/Travis Collins
4. Ron Bennett/David Rosenblum/Ron Crandell/Jason Miller
5. Scott Franklin/John O'Dowd/Blaine Masters/Mike Stevenson
6. Demone Grayson/Renee Parker/John Hardy/Kellye Underwood
7. Mike Alterici/Chuck Jones/John Sahakyan/James Coker

Complete results are available at [www.chitdc.org](http://www.chitdc.org).

## LEAGUE SPOTLIGHTS

### FREE STATE MIXED

Free State Mixed bowls Fridays at 8 p.m. at the Bethesda National Naval Medical Center Lanes located at Rockville Pike and Southwood Road. This is a mixed social league composed of 4-person teams.

**Nonmilitary-government bowlers must contact the league secretary prior to arriving at the lanes to be placed on a league list at the gate. A photo ID is also required since the lanes are on a restricted site.** Free State has a mixture of social and competitive bowlers all out to have a good time.

Eight points are awarded each night: 2 points per game and 2 for total pinfall. In

case of ties, each team is awarded 1 point.

### PRIDE OF ALEXANDRIA

Pride of Alexandria bowls Wednesdays at 8 p.m. at AMF Annandale Lanes, 4245 Markham St., Annandale, VA. Pride of Alexandria is a mixed league composed of 4-person teams with a good mixture of social and competitive bowlers. This is CARA's largest league and often has a waiting list. Contact the league secretary at [prideofalexandria@gmail.com](mailto:prideofalexandria@gmail.com) for availability information.

### SMACK

SMACK bowls Saturdays at 10:30 a.m. at AMF Alexandria Lanes, 6228A N. Kings

Hwy, 1 mile south of the Beltway and just off of Route 1 in Alexandria, VA. SMACK is a singles league. Teams are composed of two persons with team members changing each week. SMACK bowls a four-month fall league. In January, they start a new, completely separate four-month winter league. The shorter seasons of about 15 weeks in length allow for shorter time commitments from bowlers.



*Learn more about all 11 CARA leagues at [www.carabowling.org](http://www.carabowling.org).*

## First quarterly report of CARA special achievements posted

Every few months, our recognition chairperson Scott Skidmore compiles a list of the top achievements among the CARA leagues. The list includes first place team for each league, scratch game (team and individuals), scratch series (team and individuals), high averages and most improved male and female.

This offers a preview and running tally of achievements we will honor at our end-of-season awards party next spring.

The first report of the season is now posted on the CARA website at [www.carabowling.org/CARALeaguesNOV2012Achievements.xlsx](http://www.carabowling.org/CARALeaguesNOV2012Achievements.xlsx). The file requires a password: **car123**.

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CARA presents its first

**Win your own  
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bowl season!**



**COST: \$5 PER ENTRY**

**Unlimited number of entries**

[\$1 will go to CARA • \$4 will go toward the prize fund]

**Payout at least 1 in 10**

**Bowlers from all CARA leagues may participate.**

**Handicapped event: 90% of the difference between your average and 225. Averages must be 9 games in the league as of November 24, 2012.**

Sign up by the 5th frame of the first game during the week of December 9-15. Scores from the weeks of December 9-15 and 16-22 (or more weeks if necessary) will be used. Standings will be sent out each week during the competition until a winner is crowned.

**TO ENTER, SEE A LEAGUE OFFICER OR YOUR LEAGUE'S CARA REPRESENTATIVE.**

## Upcoming CARA Events Calendar

### JANUARY

- 19 CARA Board Meeting
- 26 Skill Enhancement Clinic

### FEBRUARY

- 23 Crazy Bowling Tournament

### MARCH

- 10-23 CARA Roll-Off #2
- 16 CARA Board Meeting
- 23 or 30 CARA Championship Tournament

### MAY

- 11 CARA Board Meeting

### JUNE

- 1 or 2 CARA Champions Reception & Officers Social

## UPCOMING IGBO TOURNAMENTS

ACT: Alamo City Tournament  
www.actbowl.com  
San Antonio, TX • January 18

FLIRT: Fort Lauderdale Invitational Regional Tournament  
www.flirtbowl.com  
Ft. Lauderdale, FL • January 18

CHUZA: Chuzapalooza  
www.chuzapalooza.com  
Tucson, AZ • January 18

WETT: Winter Express Trio  
www.a2bowling.com  
Ann Arbor, MI • February 2

TROT: Texas Roll-off Tournament  
www.texasrolloff.com  
Ft. Worth, TX • February 8

Golden Gate: San Francisco Golden Gate Invitational Classic  
www.sfggc.org  
San Francisco, CA • February 15

Sweetheart Invitational  
www.sweetheartinvitational.com  
New Haven, CT • February 15

Bluegrass Classic  
www.bluegrassclassic.org  
Louisville, KY • February 15

*For more, visit [www.igbo.org](http://www.igbo.org)*

## HAVE YOU JOINED THE DC BOWLING E-GROUP?

If not, you're missing out on weekly standings updates from your league, what's going on in other leagues, details about CARA events, tournaments, skill enhancement clinics and more! **To sign up, send your name and e-mail address to [cararainbowlers@gmail.com](mailto:cararainbowlers@gmail.com).**

 Find us on  
**Facebook**

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DID YOU KNOW?... CARA HAS 550+ MEMBERS THROUGHOUT THE DC METRO AREA. GAIN EXPOSURE AMONG THEM BY ADVERTISING IN THE THIS NEWSLETTER OR THE HIGHLY-TRAFFICKED CARA WEBSITE. AD RATES BEGIN AS LOW AS \$25! FIND MORE DETAILS AT [WWW.CARABOWLING.ORG](http://WWW.CARABOWLING.ORG) OR BY E-MAILING [WEBMASTER@CARABOWLING.ORG](mailto:WEBMASTER@CARABOWLING.ORG).





**Come throw some balls while we watch the ball drop!**  
Join the  for a new new year's eve tradition...

# B*OWLING* NEW YEAR'S EVE 2012

## Admission includes:

- All-you-can bowl
- Shoe rental
- Food: pizza, chicken wings, nachos, meatballs, veggies, etc.
- Two 16-oz. soft drinks
- Champagne/sparkling cider at midnight
- Chance to win prizes

Beer and wine is NOT be included in the entry fee.

## Games include:

- Family Feud *win gift cards!*
- Match Game *win gift cards!*
- Pink pin *get a strike, win a free game!*

DOWNLOAD AND COMPLETE A FLYER FROM  
[WWW.CARABOWLING.ORG](http://WWW.CARABOWLING.ORG) OR SEE YOUR  
LEAGUE'S CARA REPRESENTATIVE

Monday, December 31,  
from 9 p.m. to 1 a.m.

Bowl America Shirley  
6450 Edsall Road  
Alexandria, VA 22312

6 people to a lane  
Invite your family & friends!

**Pre-register by Dec. 25:**

**\$35** per person

**After Dec. 25 or at the door:**

**\$40** per person



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