



CARA DATES TO REMEMBER

January 15	Ten-Pin Pride II winter league begins, 8 p.m., AMF Annandale
January 16	Dale City Tuesday Pride 2 winter league begins, 8 p.m., AMF Dale City
January 20	CARA Skill Enhancement
January 27	CARA 8-Pin, No-Tap Tournament in Laurel, MD (tentative)

Johnson, Sides Honored for Contributions

Each year the CARA President has the opportunity to give an award to one or more persons who he/she feels has advanced the cause of GLBT bowling and CARA. This year two awards were given out.

The first award was bestowed to **Les Johnson**. Les has served as a CARA Representative, an IGBO Representative, and as an officer in several CARA leagues. He recently organized the new Friday "Out & About" league in Falls Church. He is a former Program Director for CARA. Additionally, he put together the CARA average yearbook for three years and is currently one of the individuals responsible for the CARA E-Group.

The second award was a special award given to **Gene Sides**. Gene is considered by many to be responsible for the foundation of what has become GLBT bowling in the capital area. Gene helped organize the first gay summer league in 1981 and then the first Winter League, Wednesday's "Pride of Alexandria" which competed its 25th season this past spring. Gene was also the primary force behind organizing the first CHIT Tournament and served as director for the first three tournaments. Later, when it looked like there would not be an 11th CHIT Tournament, he stepped forward and volunteered to direct CHIT 11 and convinced everyone to proceed with a tournament. Thanks to Gene, CHIT has occurred every year for 25 years.

In Memoriam: Wally Edens

Wallace (Wally) Edens passed away December 5, 2006 after a long illness. He was 56 years old. Wally was an integral part of the gay DC bowling community. He participated in many of the local gay leagues in Virginia including most recently CARA Monday Alternatives, and carried his highest season averages in the 200s. In addition, Wally is recognized 4 times for 300 games by the International Bowling Museum & Hall of Fame, and is also recognized for a high series of 823. Wally enjoyed the local bowling community and he liked to add showmanship to his bowling style. He was also known for his dry sense of humor, and for playing cards and the horses.

Bowling Tips: Checklist For the Winter Season

Before the beginning of league play, make sure to check to see that your equipment is still up to par. Keep these things in mind as you do:

- Check your grip. Our hands sometimes change enough that we must adjust the fit of the bowling ball. If you have to worry about getting your hand in the ball or holding onto it, you can't bowl your best.
- Replace your finger inserts. If you use inserts, get them changed. They wear out and get brittle over time.
- Check the soles and insides of your shoes.
- Clean the ball with rubbing alcohol or a cleaner designed for bowling balls. If you polish your ball, this is a good time for that, as well.

- Get your ball resurfaced. If your ball is scratched or dinged up, a resurfacing will make the ball perform a bit better and it will look much better sitting on the ball return.
- Don't forget your towel. If you adhere to the superstition of not washing your bowling towel during the season, then wash it now! Hand wash your towel with a dishwashing detergent that fights grease then throw the towel in with the rest of your laundry.
- And one more thing: Do yourself a favor and practice a few games before the season. Your teammates will appreciate it!

UPCOMING IGBO TOURNAMENTS

Tournament	Location	Date
GAGME Gasparilla Annual Games Mixed Event	Tampa, FL	February 9–11, 2007
SPF Suncoast Pride & Fun Tournament	St. Petersburg, FL	March 2-4, 2007
SPIT St. Patrick's Invitational Tournament	Memphis, TN	March 16-18, 2007
LIT Ladies Invitational Tournament	Dallas, TX	March 23–25, 2007
DIXIE Dixie Invitational Bowling Tournament	Atlanta, GA	April 5–8, 2007
GOTHAM Gotham Open Bowling Tournament	Jersey City, NJ	Apr 13–15, 2007

For more information on these and other IGBO tournaments, visit IGBO's Web site: www.igbo.org

PBA TOURNAMENTS ESPN TV SCHEDULE

High Desert Classic	Reno, NV	Sunday, Jan. 7 at 1 p.m.
Earl Anthony Medford Classic	Medford, OR	Sunday, Jan., 14 at 1 p.m.
Dick Weber Open	Fountain Valley, CA	Sunday, Jan., 21 at 1 p.m.
Sin City Classic	Henderson, NV	Sunday, Jan., 28 at 12:30 p.m.
Sun City Classic	El Paso, TX	Sunday, Feb. 4 at 2 p.m.
GEICO Classic	Irving, TX	Sunday, Feb., 11 at 3 p.m.
Hawkeye State Classic	Council Bluffs, IA	Sunday, Feb., 18 at 12:30 p.m.
Mountain State Classic	Parkersburg, WV	Sunday, February 25 at 1 p.m.
64th U.S. Open	North Brunswick, NJ	Sunday, March 4 at 12:30 p.m.
Pepsi Championship	Indianapolis, IN	Sunday, March 18 at 12:30 p.m.
Denny's World Championship	Wyoming, MI	Sunday, March 25 at 2 p.m.
PBA Tournament of Champions	Windsor Locks, CT	Sunday, April 1 at 1 p.m.

*All Times Eastern (Subject to Change)

CAPITAL AREA RAINBOWLERS ASSOCIATION (CARA)—CARA was founded in 1995 and is an umbrella organization for 10 gay bowling leagues in metropolitan Washington, DC. In support of its member leagues and bowlers, CARA holds inter-league tournaments, supports and sponsors national tournaments such as the annual Capital Halloween Invitational Tournament (CHIT), offers coaching classes and provides assistance to its leagues when requested. CARA hosted the 1999 International Gay Bowling Associations (IGBO) Annual Tournament. CARA has over 600 members in its 10 winter ten-pin leagues and over 150 members in four summer ten-pin leagues and one duckpin league. Eight of CARA's member leagues are Fall/Winter Leagues. Two other leagues have two completely separate 16-week seasons. Two CARA member leagues are 100% handicap leagues this season.